Q.1. Explain the concept, aim, objective and classification of panchakarma?  
10 Marks

Q.2. Explain the importance of snehanam and swedanam?  
10 Marks

Q.3. Concept of vamanam?  
05 Marks

Q.4. Concept of virechana?  
05 Marks

Q.5. Concept of vasthi?  
05 Marks

Q.6. Concept of nasya?  
05 Marks

Q.7. Objectives each carry one mark.

i. How many types of snehanam dravyas,  
(a) 3  (b) 4  (c) 6  (d) 8  
3 Marks

ii. According to charaka how many types of sagni (with agni) sweda.  
(a) 8  (b) 10  (c) 13  (d) 15  
3 Marks

iii. Following are vamana ayoga [not eligible for vamana]  
(a) Bala  (b) Bruddha  (c) Mootragatha  (d) All three  
3 Marks

iv. Following are hina, madhyam, uttama virechana vegas [less, medium, good]  
(a) 5, 10, 15 (b) 6, 8, 10  (c) 10, 20, 30  (d) 15, 20, 30  
3 Marks

v. How many types of Nasyam based on action?  
(a) 2  (b) 5  (c) 6  (d) 3  
3 Marks

vi. Drops for marsha nasyam.[Max, Medium, Minimum]  
(a) 10, 8, 6  (b) 12, 10, 8  (c) 15, 18, 20  (d) None of the above  
3 Marks

vii. The order of kala basti, karma basti and yoga basti are,  
(a) 15, 10, 5  (b) 13, 15, 8  (c) 30, 20, 10  (d) None of the above  
3 Marks

viii. The order of snehana dravyas from best to least  
(a) Tailam, vasa, ghritam, majja.  
(b) Vasa, ghritam, tailam, majja.  
(c) Majja, vasa, tailam, ghritam.  
(d) Ghritam, tailam, vasa, majja.  
3 Marks

ix. In vamana vega hina, madhyama & uttama vega is.  
(a) 6, 4, 10, 12, 14  (b) 4, 6, 8  (c) 4, 6, 8  (d) None of the above.  
3 Marks

X. Panchakarma types according to charaka is __________________________