I. Long Notes [Answer All]
   1. Explain the Origin of Vyadhi.
   2. Prasava and Pratiprasava.
   4. Pranayama and its types.
   5. Prana and its divisions.

II. Short Notes [Answer All]
   1. Kriyas
   2. Adhija Vyadhi
   3. Anadhiya Vyadhi
   4. Yoga Vasistha
   5. Ajeernatwam
   6. Atijeernatwam

III. Short Notes [Answer Any 3]
   1. Taittiriya Upanishad.
   2. Pancha Kosha Viveka.
   3. IAYT.
   4. Vijnanamaya Kosha.

********************************************************** Wish You All the Best **********************************************************