



स्वामी विवेकानन्द योग अनुसंधान संस्थान Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore - 560 019

Ph: 080 - 2661 2669, Telefax: 080 - 2660 8645

E-mail: svyasa@svyasa.org Website: www.svyasa.org

Certificate

The doctoral committee confirms that this is an authentic and approved copy of the thesis and it has been reviewed and approved by two experts.

The doctoral committee recommends the award of PhD degree to the candidate as follows:

Name of the Student: Mr B P Hari Chandra

Registration No: PhD/NR/03/August 2010

Title of the Thesis: Role of integrated approach of yoga therapy in modifying immune responses, quality of life and cognitive functions in HIV seropositive individuals

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Dr Hemant Bhargav
Reviewer & Examiner - National
Assistant Professor of Yoga
Center for Integrative Medicine and
Research NIMHANS, Bengaluru

Dr Ramesh M N
Research Supervisor
Division of Yoga & Life Sciences
S-VYASA, Bengaluru

Dr B R Ramakrishna
Vice-Chancellor & Dean
Division of Yoga and Life Sciences
S-VYASA, Bengaluru

Dr Gangadhara Gangadhara
Reviewer - International
Senior Scientist, Cancer and
Inflammation Laboratory, Olivia
Newton-John Cancer Research Institute,
Australia

Dr H R Nagendra
Co - Research Supervisor
Chancellor, Division of Yoga & Life Sciences
S-VYASA, Bengaluru

Dr R Chandrasekhar
Dean of Academics
S-VYASA, Bengaluru

This thesis is dedicated to



**SRI RAJEEV DIXIT
(1967-2010)**

**Who untiredly worked for
reconstruction of Modern India
on the principles of Bhāratheyata**

DECLARATION

I, B. P. HARI CHANDRA, hereby declare that this thesis titled “ROLE OF INTEGRATED APPROACH OF YOGA THERAPY IN MODIFYING IMMUNE RESPONSES, QUALITY OF LIFE AND COGNITIVE FUNCTIONS IN HIV SEROPOSITIVE INDIVIDUALS” is the result of bona-fide research work carried out by me at Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA), University of Bengaluru, during the period 2010 to 2019 under the supervision of Dr. M. N. Ramesh, Professor & Head, Anveshana Research Laboratories, S-VYASA University and Dr. H. R. Nagendra (Co-Supervisor), Chancellor, S-VYASA University, Bengaluru.

I also declare that this research work has not formed the basis for award of any degree, diploma, associateship, fellowship or similar titles in this or any other University.

DATE: Vik ri sa vatsara
M rga ira m sa
ukla pak a
Dv da i
Hanum n Jayanti
9th Dec.2019

B. P. HARI CHANDRA
Candidate

Dr. M. N. RAMESH
Supervisor

PLACE: Bengaluru

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Date:
Place:

B. P. HARI CHANDRA
(Candidate)