

## स्वामी विवेकानन्द योग अनुसंधान संस्थान

### Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

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## Certificate

The doctoral committee confirms that this is an authentic and approved copy of the thesis and it has been reviewed and approved by two experts.

The doctoral committee recommends the award of PhD degree to the candidate as follows:

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Registration No: PhD/NR/03/August 2010

Title of the Thesis: Role of integrated approach of yoga therapy in modifying immune responses, quality of life and cognitive functions in HIV seropositive individuals

#### Viva-Voce Examination Details:

Date: 27<sup>th</sup> November, 2019 Day: Wednesday Venue: Seminar Hall, Anvesana Research Laboratories, S-VYASA, Bengaluru

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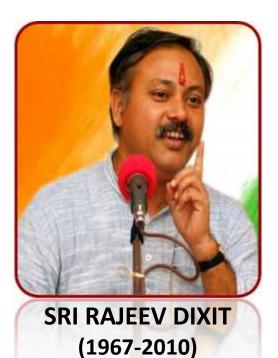
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# This thesis is dedicated to



Who untiredly worked for reconstruction of Modern India on the principles of Bhāratheyata

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#### **DECLARATION**

I, B. P. HARI CHANDRA, hereby declare that this thesis titled "ROLE OF INTEGRATED APPROACH OF YOGA THERAPY IN MODIFYING IMMUNE RESPONSES, QUALITY OF LIFE AND COGNITIVE FUNCTIONS IN HIV SEROPOSITIVE INDIVIDUALS" is the result of bona-fide research work carried out by me at Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA), University of Bengaluru, during the period 2010 to 2019 under the supervision of Dr.M. N. Ramesh, Professor & Head, Anveshana Research Laboratories, S-VYASA University and Dr. H. R. Nagendra (Co-Supervisor), Chancellor, S-VYASA University, Bengaluru.

I also declare that this research work has not formed the basis for award of any degree, diploma, associateship, fellowship or similar titles in this or any other University.

DATE: Vik ri sa vatsara M rga ira m sa ukla pak a Dv da i Hanum n Jayanti 9<sup>th</sup> Dec.2019

B. P. HARI CHANDRA Candidate

Dr. M. N. RAMESH Supervisor

PLACE: Bengaluru

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B. P. HARI CHANDRA (Candidate)

Date: Place: