

**Empirical Evidence for Increased Creative Cognition and
Associated EEG Synchrony following Experience of Self during
Low Default Mode Network Activity in Youth**

submitted by

RESHMA M. SHETKAR

(Registration No. PhD/Cat 4/17/Jan 13)

Towards the partial fulfilment of

DOCTOR OF PHILOSOPHY (YOGA)

March 2018



To

SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA

(Declared as Deemed University under Section 3 of the UGC Act, 1956)

BANGALORE - 560 019

INDIA

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Thesis Submitted for the Award of
DOCTOR OF PHILOSOPHY (PhD)

By

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