## **List of Publications**

Title of the Manuscripts published/accepted ( attach letter of acceptance or published paper)	Impact Factor	Name of Journal	Indexing data base
I. First Person Accounts of Yoga Meditation yield clues to the Nature of Information in Experience.	4.85	Cosmos & History, SJR Journals	SJR, Copernicus, Open Humanities Press,
II. Reason for Health Benefits of Deep Meditation; Self Organized Criticality Restores Regulation to Optimal.	3.62	EJPMR	Copernicus ISSN 2394- 3211 SIS – Scientific International Society indexed by IndexCopernicus <sup>TM</sup>
III. Biophysics of Meditation in the Light of Complexity Biology.	4.78	ICCR – Springer.	Springer PsycINFO <sup>®</sup> APA PsychNet
IV. Association between Cyclic Meditation and Creative Cognition: facilitating connectivity between the frontal and parietal lobes		IJOY	IJOY - MedKnow
VI. Optimizing Emotional Intelligence in Managerial Education; A role for Vedic Sciences	3.45	NMR – Nitte Management review	EBSCO. PubMed: EDUVED Global Management Research . (GMR).
V. Self Transcending Meditation is good for mental health; Why this should be the case.	1.96	IRP	Taylor & Francis
VII. How the Panchakosha Model of Experience fits the understanding of Shunya and how it helps explain Quantum Reality.	4.78	ICCR - Springer	Proceedings Of Conference – Delhi, ICCR, ICPR,ICHR,
VIII. Cognition of Pure Consciousness and its Structure: A Comparison of Vedic Theories with Modern Science and their Synthesis		U'Mass Journal, Vedanta Congress Proceedings	23 <sup>rd</sup> Vedanta Congress Proceedings, U'Mass, Massachusetts, Dartmouth, USA
IX. Metaphysics & Meditation		Book Chapter – ICCR Springer	Book Chapter - Dr. Sisir Roy, NIAS, Bangalore