

D E C L A R A T I O N

I, hereby declare that this study was conducted by me at Swami Vivekananda Yoga Anusandhana Samsthana, (S-VYASA), under the Division of Yoga and Physical Sciences, Deemed University, Bangalore, under the guidance of Dr. Alex Hankey, Distinguished Professor, Division of Physical Sciences and Dr.H.R.Nagendra, Chancellor, Swami Vivekananda Yoga Anusandhana Samsthana, Deemed University, Bangalore.

I also declare that the subject matter of my thesis entitled '**EMPIRICAL EVIDENCE FOR INCREASED CREATIVE COGNITION AND EEG SYNCHRONY FOLLOWING EXPERIENCE OF SELF DURING LOW DEFAULT MODE NETWORK ACTIVITY IN YOUTH**' has not previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

Date: 24.03.2018
Place: Bangalore

Ms. RESHMA MADHUKAR SHETKAR
MBA, Msc, PhD.

C E R T I F I C A T E

This is to certify that Ms. Reshma (Rashmi) Madhukar Shetkar, who has been given Ph.D. Registration No. PhD/Cat4/17/Jan13 with effect from January 1st, 2013 by the Swami Vivekananda Yoga Anusandhana Samsthana, Deemed University under the Division of Yoga and Physical Sciences has successfully completed the required 'training' in acquiring the relevant background knowledge in neuroscience, physiology, psychology and neurology related to Yoga and has completed the required 'course of research' for not less than three years to submit this thesis entitled **'EMPIRICAL EVIDENCE FOR INCREASED CREATIVE COGNITION AND EEG SYNCHRONY FOLLOWING EXPERIENCE OF SELF DURING LOW DEFAULT MODE NETWORK ACTIVITY IN YOUTH'** as per the regulations of the University.

We also declare that the subject matter of this thesis entitled **'EMPIRICAL EVIDENCE FOR INCREASED CREATIVE COGNITION AND EEG SYNCHRONY FOLLOWING EXPERIENCE OF SELF DURING LOW DEFAULT MODE NETWORK ACTIVITY IN YOUTH'** has not formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

Dr. Alex Hankey, MA., PhD. Distinguished Professor (Guide – Primary)	Dr. H.R.Nagendra ME., PhD. Chancellor, Svyasa University (Guide – Secondary)
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Date: 24.03.2018

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