

**CONCEPT OF WAKING STATE (*JĀGRAT*), DREAM (*SVAPNA*),  
DEEP-SLEEP (*SUṢUPTI*), *TURĪYĀ* STATE IN THE *MĀṆḌŪKYA*  
UPANIṢAD AND IN COMPARISON WITH MODERN PSYCHOLOGY**

A Thesis Submitted for the Award of  
**DOCTOR OF PHILOSOPHY (PhD)**

By

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**SWAMI VI VE KANANDA YO GA ANUSANDHANA SAMSTHANA**

(Declared as Deemed University under Section 3 of the UGC Act, 1956)

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