



स्वामी विवेकानन्द योग अनुसंधान संस्थान

Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

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Certificate

The doctoral committee confirms that this is an authentic and approved copy of the thesis and it has been reviewed and approved by two experts.

The doctoral committee recommends the award of PhD degree to the research scholar as follows:

Name of the Research Scholar: Mrs. Sunanda Rathi

Registration No: Ph.D./Cat3/20/Aug 2013


Title of the Thesis: Effect of integrated approach of yoga therapy on adolescent obesity (11 to 17 years age group): a randomised control study.

Viva-Voce Examination Details: Date: 25th July, 2020.


Day: Saturday, Time: 2:30 pm to 3:30 pm.

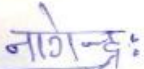
Thesis Presentation: Online through Google meet


Link: <https://meet.google.com/srh-kgrj-jux>

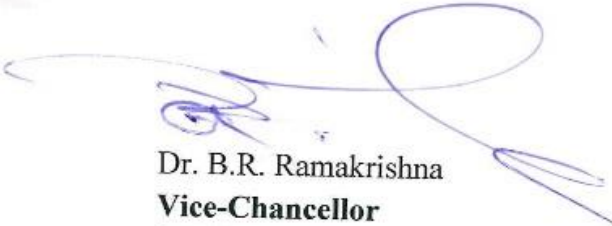

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CERTIFICATE

This is to certify that **Dr Sunanda S Rathi** is a Ph.D. scholar bearing university registration no.Ph.D./Cat3/20/Aug 2013, with effect from Aug, 2013 under the Division of Yoga and Life Sciences.She has successfully completed the prescribed course work and training in acquiring the relevant background knowledge related to the effect of Yoga on Adolescent Obesity. This thesis entitled “**EFFECT OF INTEGRATED APPROACH OF YOGA THERAPY ON ADOLESCENT OBESITY (11 TO 17 YEARS AGE GROUP)**

A RANDOMISED CONTROL STUDY” is based on the bonafide work carried out by her as per the regulations of the University.

Further it is declared that the subject matter of this thesis has not formed the basis for the award of any degree, diploma, associate-ship, fellowship or similar titles previously.

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Date: 25th July,2020
Place: Bangalore

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Chancellor: Svyasa University
(Co-Guide)

Date:25th July,2020
Place: Bangalore

DECLARATION

I, Dr.SUNANDA S RATHI hereby declare that this study was conducted by me at Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA), Bengaluru, under the Guidance of Dr. Padmini Tekur M.B.B.S., Ph.D & Dr. Hongasandra. R. Nagendra, M.E., Ph.D, Chancellor, S-VYASA University Bengaluru.

I also declare that the subject matter of my thesis entitled “**EFFECT OF INTEGRATED APPROACH OF YOGA THERAPY ON ADOLESCENT OBESITY (11 TO 17 YEARS AGE GROUP) A RANDOMISED CONTROL STUDY**” has not previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

SunandaSathi..

Date: 25th July,2020

Dr **SUNANDA S RATHI**

Place: Bangalore

(Candidate)

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