

**A STUDY DESIGNED TO MEASURE PRAKṚTI  
IN ADOLESCENTS AND EFFICACY OF  
INTEGRATED YOGA MODULE**

*Thesis submitted by*

**DEVIKA KAUR**

(PhD/02/NR/JAN07)

*Towards the partial fulfillment of*  
**DOCTOR OF PHILOSOPHY (YOGA)**



**SWAMI VI VE KANANDA YO GA ANUSANDHANA SAMSTHANA**

(declared as Deemed University under Section 3 of the UGC Act, 1956)

**BANGALORE - 560 019 I N D I A**

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Under the Guidance of

**Prof. ALEXANDER HANKEY Ph.D.**

Thesis Submitted for the Award of

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