



स्वामी विवेकानन्द योग अनुसंधान संस्थान

Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

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Certificate

This is to Certify that the Doctoral Committee confirms that this is an authentic approved copy of the thesis titled **“Yoga Based Lifestyle Intervention for Type 2 Diabetes: A Randomized Controlled Study with One Year Follow up using Thermal Imaging and Electro-photonic Imaging”** submitted by Suman Bista bearing Registration No. **PhD/Res/07/Jan 15.**

The Viva-voce examination was conducted on Saturday, 26th February 2022 through online google meet with session link: meet.google.com/yjy-mpef-rip

The committee recommends the award of the PhD Degree.

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This is to certify that **Mr Suman Bista** (Enrolment no: Ph.D./Res/07/Jan15) registered for the PhD program at Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA) Deemed University under the Division of Yoga and Physical Sciences has successfully completed the required course of research study to submit this thesis entitled “**Yoga Based Lifestyle Intervention for Type 2 Diabetes: A Randomized Controlled Study with One Year Follow up using Thermal Imaging and Electro-photonic Imaging**” as per the regulations of the University. We also declare that the subject matter of this thesis has not previously formed the basis of award of any degree, diploma, fellowship, associate-ship, or similar titles.



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