

## CHAPTER.1. INTRODUCTION

### 1.1 WHAT IS BHAKTI?

The term Bhakti owes its origin to the root word in *Saṅskṛta* 'Bhaj' which has meanings like to serve, honor and experience.

सा त्वस्मिन् परमप्रेमरूपा *Sā tvasmin parampremarūpā*

Bhakti or devotion is the development of intense love for God. (*Nārada Bhakti sūtras*, 2)

(Geetha , 1999).

### 1.2 WHAT IS YOGA?

*Patañjali Yoga sūtra* defines Yoga as;

योगश्चित्तवृत्तिनिरोधः *Yogaścittavṛttinirodhaḥ*

‘Yoga is the stoppage of fluctuations of the mind’

तदा द्रष्टुः स्वरूपेऽवस्थानाम् *Tadā draṣṭuḥsvarūpe'vasthānām*

‘Getting established in witness’s core happens there’(1.2,3)

(Prabhavananda,1953).

*Yoga Vāsiṣṭha* says;

मनः प्रशमनोपाय योग इत्यभिधीयते *Manaḥ praśaḥmanopāya yoga ityabhidhīyate*

Yoga is a method to calm the mind

(Satyanarayana,2017).

If Bhakti is based on Yoga, in other words, if devotion is induced to calm the mind, then vision gets expanded. This thesis is to research this Yoga based B hakti found in *Dīkṣitar*’s compositions.