

Part I

“Role of Satya in Society making it ideal according to Indian Scriptures”

Part II:

Temperament Analysis of Female Jail Inmates: Understanding the Role of Integrated Yoga Practices

ABSTRACT

The aim of this literary exposition is to understand the role of *Satya* (truth) in society as a moral value and also importance of *Satya* in changing a human personality. The information collected from the ancient Indian scriptures like Mahābhārata, Rāmāyaṇā etc. explains the importance of *Satya* in human life. This study also explains the importance of *Satya* according to the western scriptures or modern scriptures like Bible, Quran etc.

This literary exposition emphasizes on the importance of *Satya* in human being's day to day life to make it ideal in society as a moral value. This will help to bring changes in the attitude of human beings which leads to peace at global level.