

SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA
(S-VYASA)

(declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

FINAL EXAMINATION

ATTC T 04 Chikithsa in Ayurveda(Part-I) Pancha Karma

Date : 29-May-2011
Time : 2Hr

Max Marks: 50

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- Q.1. Explain the concept, aim, objective and classification of panchakarma? 10 Marks
- Q.2. Explain the importance of snehanam and swedanam? 10 Marks
- Q.3. Concept of vamanam? 05 Marks
- Q.4. Concept of virechana? 05 Marks
- Q.5. Concept of vasthi? 05 Marks
- Q.6. Concept of nasya? 05 Marks
- Q.7. Objectives each carry one mark. 10 Marks

i. How many types of snehanam dravyas,
(a) 3 (b) 4 (c) 6 (d) 8

ii. According to charaka how many types of sagni (with agni) sweda.
(a) 8 (b) 10 (c) 13 (d) 15

iii. Following are vamana ayoga [not eligible for vamana]
(a) Bala (b) Bruddha (c) Mootragatha (d) All three

iv. Following are hina, madhyam, uttama virechana vegas [less, medium, good]
(a) 5, 10, 15 (b) 6, 8, 10 (c) 10, 20, 30 (d) 15, 20, 30

v. How many types of Nasyam based on action?
(a) 2 (b) 5 (c) 6 (d) 3

vi. Drops for marsha nasyam.[Max, Medium, Minimum]
(a) 10, 8, 6 (b) 12, 10, 8 (c) 15, 18, 20 (d) None of the above

vii. The order of kala basti, karma basti and yoga basti are,
(a) 15,10,5 (b) 13,15,8 (c) 30, 20, 10 (d) None of the above

viii. The order of snehana dravyas from best to least
(a) Tailam , vasa , ghritam , majja.
(b) Vasa, ghritam, tailam, majja.
(c) Majja, vasa, tailam, ghritam.
(d) Ghritam, tailam, vasa, majja.

ix. In vamana vega hina, madhyama & uttam vegas is ,
(a) 6,4,10 (c) 4, 6, 8 (b) 10, 12, 14 (d) None of the above.

X. Panchakarma types according to charaka is _____