

SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA
(S-VYASA)

(declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

FINAL EXAMINATION

NTTC T 03 Hydrotherapy

Date : 19-May-2011

Time : 1Hr 30Min

MaxMarks:50

- I. 1. Define hip bath. Classify its types. Explain the procedure. Write the indication and contraindication.

1x10=10

II. Answer the following

4x5= 20

1. Define Friction. Classify it. Write its effect over the body
2. Write the effect of application of cold water and hot water.
3. Explain the neutral immersion bath with salt.
4. Write about enema.

III. Answer the following

5x4= 20

1. Define hydrotherapy. Who is the father of hydrotherapy?
2. Classify the temperature of the water.
3. Write indication and contraindication of the steam bath.
4. List the treatments that can be given to back pain patients.
5. Write about water drinking.

*****Wish You All the Best*****