SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA (S-VYASA)

(declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

FINAL EXAMINATION NTTC T 08 First Aid

Date : 21-May-2011 Time : 2Hr Max Marks: 50 Instructions: Be calm and read the question paper twice before answering it. I. Fill in the blanks: 10x1=10 1. CPR is abbreviation for 2. Hypothermia occurs when temperature falls below...... 3. Scalds are caused by...... 4. If the casualty is breathing and is unconscious, then the best way to make him/her lie down in........ 5. To escape from smoke inhalation during a fire break-out, one should...... and escape. 6. Frost-bite is damage of when the skin is exposed to cold. 7. A bandage is a piece of material used either to support a medical device such as a ortherapy will aggravate the acute injury. 9. If the circulatory system fails, and insufficient oxygen reaches the tissues, the medical condition known as 10. Bleeding is a loss of blood from the II. Short answers [any five]: 05x4=201. Define first-aid 2. First-aid for 2° burn 3. First-aid for heat stroke 4. First-aid for frost bite 5. Warning signs of convulsions 6. Signs and symptoms of shock III. Long Answers [any four]: 04x5 = 201. Describe the ABC's of Cardio Pulmonary Resuscitation. 2. Mention the aims and objectives of First-aid. 3. What is recovery position? Write its benefits. 4. Write the different types of bandages.

5. Describe briefly first-aid for bleeding.