SWAMI VIVEKÄNANDA YOGA ANUSANDHÄNA SAMSTHÄNA

Swami Viyekananda Yoga Anusudhana

A University, established under Section 3 of the UGC Act, 1956 (Eknath Bhayan, # 19, Gayipuram Circle, Kempegowda Nagar, Bangalore 560 019, India)

PGDYT T 104 Introduction to Psychology and Counseling

DATE: 31.05.2012 Time: 3 Hours Max. Marks: 100

I. Answer ANY FIFTEEN of the following:

 $15 \times 2 = 30 \text{ Marks}$

- 1. Psychology.
- 2. Illusion.
- 3. Defence Mechanism.
- 4. Bulimia.
- 5. Hallucination.
- 6. Phobia.
- 7. Trephening.8. Phrenology.
- 9. Stress.
- 10. Delusion.
- 11. Guna.
- 12. DSM.
- 13. Reliability.
- 14. Validity.
- 15. Intelligence
- 16. IQ
- 17. Reflection.

H. Answer ANY EIGHT of the following:

 $8 \times 5 = 40 \text{ Marks}$

- 1. Schizophrenia
- 2. Key data collection methods in psychology
- 3. History of psychology
- 4 Classification of psychological test
- 5. Do's and don'ts while counseling
- 6. Lating Disorder
- 7. Functions of measurement
- 8. Skills of counseling
- 9. Mental Retardation
- 10. Characteristics of a good test.

III. Answer ANY THREE of the following:

 $3 \times 10 = 30$ marks

- 1. Explain the stages phases of counseling?
- 2. Describe the general steps in construction of a psychological test?
- 3. Depression
- 4. Methods of counseling